

Old Florida Bar & Grill

STARTERS

Smoked Fish Dip

served with fresh tortilla chips, crackers, jalapeños and banana peppers 13.99

Bahamian Conch Fritters

served with housemade cocktail sauce and lemon 14.99

Coconut Chicken Fingers

flash fried coconut encrusted chicken fingers served with honey mustard sauce 13.49

Tuna Ponzu

sesame seared ahi tuna in ponzu sauce with sweet chili glaze and wasabi 14.49

Bavarian Pretzel Sticks

three soft pretzels served with beer cheese dipping sauce 12.49

Peel-N-Eat Shrimp

large shrimp lightly seasoned served cold with housemade cocktail sauce and lemon 10.49 half pound 18.99 full pound

Cracked Conch

lightly breaded and flash fried, served with spicy remoulade sauce 11.49 half order 20.99 full order

Quesadillas

chicken or shrimp, cheddar cheese, bermuda onions, red and green peppers, salsa and sour cream 11.99 / 12.99

Cat 3 Shrimp

flash fried, tossed in our Cat 3 sauce and topped with sesame seeds 13.49

Calamari Fritto

lightly breaded and flash fried, served with our fresh marinara sauce 13.49

Tuna Poke

ponzu marinated ahi tuna on crispy fried wonton squares topped with wakame and drizzled with sweet soy glaze 14.49

Steamed Clams

one pound steamed in our house seafood broth 13.99

SALADS

Classic Caesar

housemade dressing, fresh romaine, shaved parmesan and chef's croutons 10.49

Romaine Wedge

romaine lettuce, blue cheese, bacon, tomato, cucumber, bermuda onion, creamy parmesan peppercorn dressing and balsamic glaze 12.99

House Salad

fresh greens, tomato, cucumber, carrot and bermuda onion with choice of dressing 10.49

Tomato & Mozzarella Caprese

fresh mozzarella, tomatoes, basil chiffonade, capers, bermuda onion and balsamic drizzle 11.49

Add to any Salad:

Chicken 6 / Calamari 7 / Shrimp 7 / Dolphin 9 / Salmon 9 / Tuna 9 / Cracked Conch 10

HOUSEMADE SOUPS

Lobster Bisque

classic and creamy 5.99/10.99

Conch Chowder

housemade bahamian style 5.99/10.99

SANDWICHES

all sandwiches served with fries

Cubano

mojo pork, ham, swiss cheese, mustard and pickles pressed in a cuban roll 13.49

Blackened Chicken & Brie

blackened chicken and brie on our rosemary focaccia bun with mango chutney and bermuda onion 14.49

Cheese Steak

thinly shaved seared beef on a hoagie roll with sautéed onions, mushrooms, provolone cheese and au jus 15.49

Dolphin Sandwich

blackened or grilled on a kaiser with lettuce, tomato, bermuda onion and tartar sauce 14.99

Blackened Chicken Avocado BLT

blackened chicken, bacon, lettuce, tomato, chipotle aioli and avocado cream on grilled marble rye 14.49

Dolphin Rachel

blackened or grilled with swiss cheese, cole slaw and cayman island dressing on marbled rye 15.49

Hot Italian

capicola, ham, salami and provolone served hot on a hoagie and topped with lettuce, tomato, bermuda onion, banana peppers and italian dressing 13.99

Crunchy Grouper

on a kaiser with lettuce, tomato and bermuda onion, tartar sauce 15.49

Chicken Breast

grilled or blackened on a kaiser with lettuce, tomato and bermuda onion 12.99

Shrimp Po' Boy

flash fried shrimp on hoagie with lettuce, diced tomato, bermuda onion, pickles and spicy remoulade 13.99

Ahi Tuna Wrap

sesame seared tuna with lettuce, tomato, wakame and cucumber wasabi aioli 14.99

BURGERS

Backyard Burger

half pound char-grilled burger on a kaiser with lettuce, tomato and bermuda onion 13.49

Bacon Cheeseburger

half pound char-grilled burger with smoked bacon and your choice of cheese on a kaiser with lettuce, tomato and bermuda onion 14.49

Additional Toppings:

American, cheddar, swiss, pepper jack, provolone, blue cheese, sautéed onions and mushrooms 1.00 / Bacon 1.50

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FLATBREADS

Margherita

fresh mozzarella, vine ripened tomatoes, fresh basil and balsamic drizzle 11.99

Clam & Bacon

roasted garlic cream sauce, clams, bacon, mozzarella and cheddar cheese, topped w/crispy sage 12.99

Supreme

pepperoni, sausage, mushrooms, onions, peppers, olives, tomato sauce and mozzarella 12.99

Pesto Chicken

grilled chicken, marinated artichokes, roasted red peppers, basil pesto and mozzarella 12.99

Meatlovers

ham, pepperoni, sausage, bacon, tomato sauce and mozzarella 12.99

Buffalo Chicken

fried chicken bites tossed in buffalo sauce, topped with mozzarella and blue cheese crumbles 12.99

ENTRÉES

Tuna Poke Bowl

diced ahi tuna tossed with ponzu sauce served over jasmine rice with edamame, avocado, cucumber, mango, wakame and pineapple sriracha aioli 20.49

Traditional Fish 'N Chips

crunchy beer battered cod, served with fries, cole slaw, fresh tartar sauce and malt vinegar 18.49

Old Florida Bowl

sautéed shrimp and bay scallops over angel hair pasta with feta, spinach and grape tomatoes in a slightly spicy garlic sauce 22.99

Blackened Dolphin Avocado

served with black beans, rice, fried plantains, topped with avocado cream and fresh salsa 21.49

Grilled Maple Pork Chops

2-6oz boneless chops dusted with blackening seasoning, grilled, and glazed with maple mustard, served with mashed potatoes and vegetable of the day 16.49

Shrimp & Grits

creamy saffron parmesan grits with corn, red and green peppers, shrimp and andouille sausage 20.49

Blackened Dolphin or Shrimp Tacos

three tacos with cilantro lime slaw, pico de gallo and pineapple sriracha drizzle, served with black beans and rice 18.49

Sambal Chicken

slightly spicy with spinach and tomatoes in a garlic and feta cheese sauce served over angel hair pasta 15.49

Asian Salmon Bowl

sesame crusted salmon over jasmine rice with edamame, cucumbers, crispy wontons, radish and teriyaki drizzle 20.49

Shrimp Platter

ten large shrimp hand dipped in beer batter and flash fried served with fries, cole slaw and cocktail sauce 17.99

Almond & Coconut Encrusted Snapper

flash fried and served with mango salsa, rice and vegetable of the day 22.49

Mac-N-Cheese

corkscrew pasta in a creamy parmesan and smoked gouda sauce 11.49 / with Blackened Chicken 16.49 / with Blackened Shrimp 17.49 / add bacon or spinach 1.99

SIDES

Cole Slaw 2.99

French Fries 2.99

Rice Pilaf 2.99

Mashed Potatoes 2.99

Saffron Parm Grits 2.99

Asian Slaw 3.99

Fried Plantains 3.99

Black Beans & Rice 3.99

Vegetable of the Day 3.99

Small Caesar Salad 4.49

Small House Salad 4.49

DESSERTS

Key Lime Pie 7.99

Bread Pudding 7.99

Brownie Sundae 7.99

Peanut Butter Pie 7.99

Seasonal Cheesecake 7.99

YOU CATCH IT... WE'LL COOK IT!!!

bring us your fresh cleaned fillets (up to one pound per guest) and we will prepare them flash fried, grilled, blackened or sautéed with your choice of two sides 12.99 per person

HAPPY HOUR

Monday - Friday
3:00-6:00

Consumer Advisory:

"Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food born illness especially if you have certain medical conditions."