

Old Florida Bar & Grill

STARTERS

Smoked Fish Dip

served with fresh tortilla chips, crackers, jalapeños and banana peppers 11.99

Bahamian Conch Fritters

served with housemade cocktail sauce and lemon 11.99

Coconut Chicken Fingers

flash fried coconut encrusted chicken fingers served with honey mustard sauce 9.99

Tuna Ponzu

sesame seared ahi tuna in ponzu sauce with sweet chili glaze and wasabi 11.99

Eggplant Bruschetta

flash fried eggplant topped with bruschetta, balsamic drizzle and blackened shrimp 11.99

Peel-N-Eat Shrimp

large shrimp lightly seasoned served cold with housemade cocktail sauce and lemon
half pound 9.49 full pound 17.49

Cracked Conch

lightly breaded and flash fried, served with spicy remoulade sauce 14.99

Quesadillas

chicken or shrimp, cheddar cheese, bermuda onions, red and green peppers, salsa and sour cream 9.99 / 10.99

Cat 3 Shrimp

flash fried, tossed in our Cat 3 sauce and topped with sesame seeds 11.99

Calamari Fritto

lightly breaded and flash fried, served with our fresh marinara sauce 10.99

Tuna Poke

ponzu marinated ahi tuna on crispy fried wonton squares topped with wakame and drizzled with sweet soy glaze 11.99

Steamed Clams

one pound steamed in our house seafood broth 11.99

SALADS

Classic Caesar

housemade dressing, fresh romaine, shaved parmesan and chef's croutons 8.99

Romaine Wedge

romaine lettuce, blue cheese, bacon, tomato, cucumber, bermuda onion, creamy parmesan peppercorn dressing and balsamic glaze 10.99

House Salad

fresh greens, tomato, cucumber, carrot and bermuda onion with choice of dressing 8.99

Tomato & Mozzarella Caprese

fresh mozzarella, tomatoes, basil chiffonade, capers, bermuda onion and balsamic drizzle 10.99

Add to any Salad:

Chicken 5 / Calamari 5 / Shrimp 6 / Dolphin 7 / Tuna 7 / Salmon 7 / Cracked Conch 8

HOUSEMADE SOUPS

Lobster Bisque

classic and creamy 5.99/10.99

Conch Chowder

housemade bahamian style 5.99/10.99

SANDWICHES

all sandwiches served with fries

Cubano

mojo pork, ham, swiss cheese, mustard and pickles pressed in a cuban roll 10.99

Blackened Chicken & Brie

blackened chicken and brie on our rosemary focaccia bun with mango chutney and bermuda onion 12.99

Cheese Steak

thinly shaved seared beef on a hoagie roll with sautéed onions, mushrooms, provolone cheese and au jus 13.99

Dolphin Sandwich

blackened or grilled on a kaiser with lettuce, tomato, bermuda onion and tartar sauce 13.49

Blackened Chicken Avocado BLT

blackened chicken, bacon, lettuce, tomato, chipotle aioli and avocado cream on grilled marble rye 12.99

Dolphin Rachel

blackened or grilled with swiss cheese, cole slaw and cayman island dressing on marbled rye 13.99

Hot Italian

capicola, ham, salami and provolone served hot on a hoagie and topped with lettuce, tomato, bermuda onion, banana peppers and italian dressing 12.49

Crunchy Grouper

on a kaiser with lettuce, tomato and bermuda onion, tartar sauce 13.99

Chicken Breast

grilled or blackened on a kaiser with lettuce, tomato and bermuda onion 9.99

Shrimp Po' Boy

flash fried shrimp on hoagie with lettuce, diced tomato, bermuda onion, pickles and cayman Island dressing 11.99

Cracked Conch Sandwich

flash fried conch served on a hoagie with remoulade, lettuce, tomato and bermuda onion 13.99

BURGERS

Backyard Burger

half pound char-grilled burger on a kaiser with lettuce, tomato and bermuda onion 10.99

Bacon Cheeseburger

half pound char-grilled burger with smoked bacon and your choice of cheese on a kaiser with lettuce, tomato and bermuda onion 12.49

Additional Toppings:

American, cheddar, swiss, pepper jack, provolone, blue cheese, sautéed onions and mushrooms .75 Bacon 1.50

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FLATBREADS

Margherita

fresh mozzarella, vine ripened tomatoes, fresh basil and balsamic drizzle 9.99

Cajun Shrimp

blackened shrimp, cajun cream sauce, onions, peppers and andouille sausage 10.99

Italian

pepperoni, mushrooms, tomato sauce and mozzarella 10.99

Pesto Chicken

grilled chicken, marinated artichokes, roasted red peppers, basil pesto and mozzarella 10.99

Meatlovers

ham, pepperoni, sausage, bacon, tomato sauce and mozzarella 10.99

Gyro

grilled beef and lamb, kalamata olives, bermuda onion, banana peppers, tomato, feta, mozzarella and tzatziki sauce 10.99

ENTRÉES

Tuna Poke Bowl

diced ahi tuna tossed with ponzu sauce served over jasmine rice with edamame, avocado, mango, wakame and pineapple sriracha aioli 16.99

Traditional Fish 'N Chips

crunchy beer battered cod, served with fries, cole slaw, fresh tartar sauce and malt vinegar 14.99

Old Florida Bowl

sautéed shrimp and scallops over angel hair with feta, spinach and grape tomatoes 21.99

Blackened Dolphin Avocado

served with black beans, rice, fried plantains, topped with avocado cream and fresh salsa 18.99

Grilled Maple Pork Chops

2-6oz boneless chops dusted with blackening seasoning, grilled, and glazed with maple mustard, served with mashed potatoes and vegetable of the day 13.99

Shrimp & Grits

creamy saffron parmesan grits with corn, red and green peppers, shrimp and andouille sausage 19.99

Blackened Dolphin or Shrimp Tacos

three tacos with lime cilantro slaw, black bean salsa and sour cream, served with black beans and rice 16.99

Sambal Chicken

slightly spicy with spinach and tomatoes in a garlic and feta cheese sauce served over angel hair pasta 13.99

Glazed Salmon

blackened or grilled with orange balsamic glaze served with rice and vegetable of the day 18.99

Shrimp Platter

ten large shrimp hand dipped in beer batter and flash fried served with fries, cole slaw and cocktail sauce 15.99

Almond & Coconut Encrusted Snapper

flash fried and served with mango salsa, rice and vegetable of the day 19.99

Mac-N-Cheese

campanelle pasta in a creamy parmesan and smoked gouda sauce 10.99 / with Blackened Chicken 14.99 / Blackened Shrimp 16.99 / Blackened Scallops 18.99 / Add bacon 1.50

SIDES

Cole Slaw 2.99

French Fries 2.99

Rice of the Day 2.99

Potato of the Day 2.99

Saffron Parm Grits 2.99

Asian Slaw 3.99

Fried Plantains 3.99

Black Beans & Rice 3.99

Vegetable of the Day 3.99

Small Caesar Salad 4.49

Small House Salad 4.49

DESSERTS

Key Lime Pie 5.99

Bread Pudding 5.99

Brownie Sundae 5.99

Mississippi Mud Pie 6.99

Seasonal Cheesecake 6.99

YOU CATCH IT... WE'LL COOK IT!!!

bring us your fresh cleaned fillets (up to one pound per guest) and we will prepare them flash fried, grilled, blackened or sautéed with your choice of two sides 12.99 per person

HAPPY HOUR

Monday - Friday
3:00-6:30

Consumer Advisory:

"Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food born illness especially if you have certain medical conditions."